

What is focused shockwave therapy?

Focused extracorporeal shockwave therapy (fESWT) is a non-invasive procedure which bundles acoustic waves and uses them to target deeper tissue layers.

ESWT is used in urology for the supportive treatment of different complaints.

How is treatment carried out?

Treatment is carried out on an outpatient basis without an anesthetic. Depending on the patient and the disorder, treatment usually only takes a few minutes. A special gel is applied beforehand to ensure optimum transmission of the shockwaves. The so-called therapy source, in which the shockwaves are generated, is then placed directly on the treatment area and the intensity of the application is individually adapted to your pain sensation - for a gentle, targeted and well-tolerated treatment.

How is it tolerated?

Focused ESWT is usually tolerated very well. Transient skin irritation or pressure sensations may occur in individual cases. These reactions usually subside very quickly.

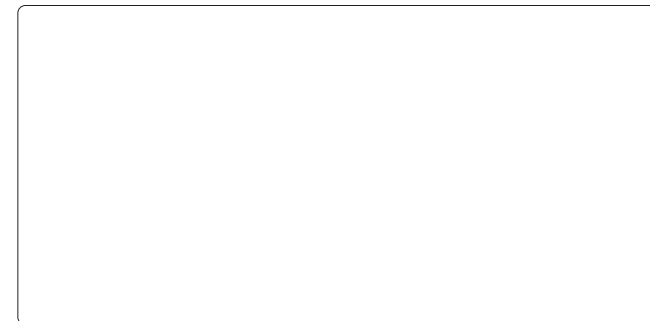
You will be provided beforehand with detailed individual information.



What are the advantages of focused shockwave treatment (fESWT)?

- Outpatient treatment
- Short duration of treatment
- No anesthesia required
- Course and intensity of treatment can be adjusted in consultation with the operator
- The number of sessions depends on the individual course of treatment – with 3 to 5 sessions usually scheduled
- Medication-free – no medication-related side effects
- The aim is to stimulate the body's own regulatory and healing processes
- Treats the cause – not (just) the symptoms
- Very well tolerated

Do you have any questions? Ask us for an appointment. We are happy to advise you personally about the options, course of treatment, and success of focused shockwave therapy.



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Note: This information leaflet is not intended to replace medical advice. Always speak to your treating physician/GP first if you are experiencing health problems.

Stay connected. Feel confident.



PiezoWave^{2T}

Focused shockwave therapy (ESWT)
for the treatment of:

- Erectile Dysfunction (ED)
- Induratio Penis Plastica (IPP)
- Chronic Pelvic Pain Syndrome (CPPS)

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Vascular erectile dysfunction (ED)

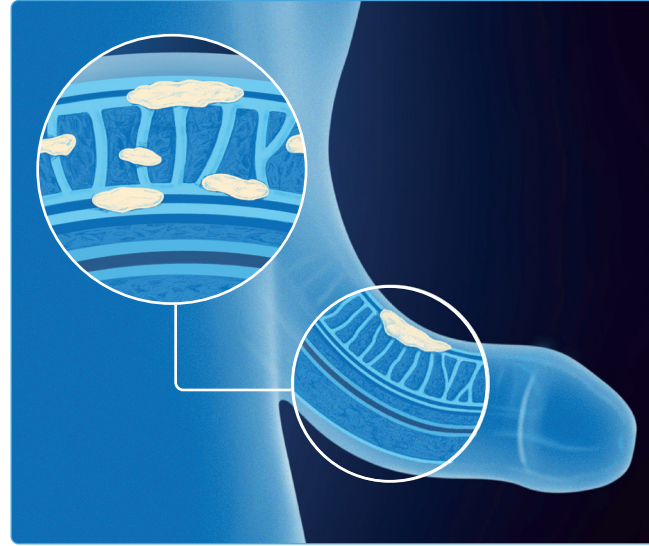


Vascular erectile dysfunction (ED) is caused by **circulatory problems** which limit the ability to develop or maintain erections.

Shockwave therapy encourages the development of new **blood vessels (neo angiogenesis)** and improves circulation in the corpus cavernosa – with the aim of treating the **cause of the complaint** and restoring erection.

Treatment is carried out with the patient lying down comfortably; it is **pain-free** and does not require anesthesia. A therapy source with a so-called **linear focus** is used for this indication. It is placed directly on the erectile tissue and distributes the energy particularly efficiently and evenly.

Induratio penis plastica (IPP) / syn.: Peyronie's Disease (PD)

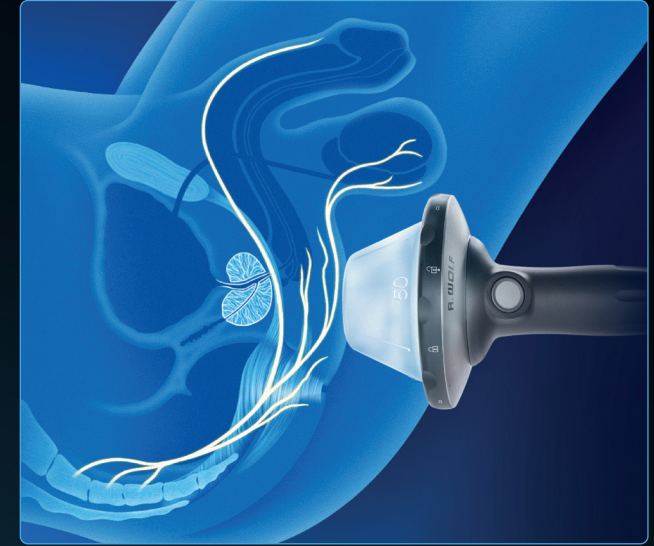


Induratio penis plastica (IPP) is a **chronic disease** characterized by **excessive hardening and scarring (fibrosis)** in the covering of the corpus cavernosa. Many cases develop **calcifications and fibrotic plaques** which can be specifically treated with **shockwave therapy**.

Treatment can **ease painful inflammation**, **stop disease progression**, and **stimulate regeneration of the corpus cavernosa**.

The precise therapy focus **effectively and gently stimulates** the **covering of the corpus cavernosa** (tunica albuginea). The therapy source is applied directly to the affected areas and the intensity of the treatment is individually adjusted.

Chronic pelvic pain syndrome (CPPS)



Chronic pelvic pain syndrome (CPPS) is a multifactorial disease in which both organic and muscular causes play a role. Imbalances or tension in the pelvic floor are particularly common - individual muscles or the entire pelvic floor can be cramped or shortened and form painful trigger points, and the **symptoms vary greatly**: they range from diffuse pain in the pelvis to discomfort in the genital, perineal or coccyx area - often **lasting for weeks or months**.

The therapy source is applied directly to the perineum and targeted at painful trigger points. The intensity is individually adjusted. Many patients report feeling a positive sensation of pressure during treatment, with the therapy specifically targeting the area where symptoms arise.